



Have you heard?

**Cross country Ski
lessons and
coaching from
Joanie Rundman!**

Whether you are a beginner, do classic or skating, want to improve your race event performance, or whatever your cross country skiing goals are for this winter, anyone could benefit from some coaching time with Joanie.

**To find out more information, rates and to
schedule a time, call Joanie at:**

906-281-2589

ejrundman@gmail.com

Joanie is a lifelong, well-known cross country skier & racer in our area. Experienced teacher cross country skiing to guide you through technique, figuring out the right clothing, etc.

Give yourself or someone else the gift of enjoying and getting better at this wonderful winter sport!